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Beat January Doldrums at the Delaware Nature Society

“April is the cruelest month,” according to T.S. Eliot but many of us would beg to differ and say that January deserves that ranking. The holidays are over, the weather is cold and there’s nothing to do.

The Delaware Nature Society can’t take away the cold or the fact that the holidays are history, but it can help to banish boredom. A wide range of programs for all ages are offered at Delaware Nature Society locations during January and throughout the winter months.

The Nature Society’s January to April program guide is now available and it’s chockfull of winter-time diversions. 2011 activities kick off on Jan. 6 with a nature walk at Abbott’s Mill Nature Center, a New Year’s Plant Count at Ashland Nature Center on Jan. 9 and a workshop on protecting the Christina watershed on Jan. 12 at the DuPont Environmental Education Center.

If your New Year’s resolution is to learn something new, discover how to make bread at Coverdale Farm on Jan. 9 or join the Environmental Book Club at DuPont Environmental Education Center on Feb. 6.

Fitness is always a top New Year’s resolution. If getting in shape is on your list, check out the yoga and pilates classes at Coverdale Farm. Or work up a sweat on a variety of hikes, from a weekly birding walk at Ashland Nature Center to an hour-long family hike and winter picnic at Coverdale Farm Jan. 30.

To cure a case of cabin fever, take your children to a windowsill gardening class Jan. 22 at Coverdale Farm or the “Snapping Turtle” science lab series at DuPont Environmental Education Center on Saturdays, beginning Jan. 29.

To see the Delaware Nature Society’s Jan. to April 2011 program guide go to www.delawarenaturesociety.org or call 302-239-2334 to receive a print copy.

